

Pouches and Layers Size Guide

Cocoon Swaddle Bag

Please use your child's weight to find the most appropriate and safe size for them. To comply with safety requirements, our Cocoon Swaddle Bags have a firm fit around the neck, shoulder and chest area to prevent your little one from slipping inside. You should be able to put 2 fingers inside the neck opening for the correct fit. Please do not size up to the next size until your child meets the weight requirement, for safety reasons.

ErgoPouch size	Newborn	0-3M	3-6M*	6 - 12M^
Same as size	0000	000	00	0
Pouch length (cm)	52cm	60cm	70cm	76cm (0.2 & 1.0TOG) 80cm 80 (2.5 TOG)
Child weight (kg)	2-5kg	3-6kg	6-8kg	8-10kg
Child height (cm)	55cm	62cm	62-68cm	68-76cm

*Previously size 2-6 months, suitable for child weight 5-8kg

^Previously size 3-12 months, suitable for child weight 7-10kg